

Fall 2026 Training Season Schedule

Register Today: CTIMaine.org/Education

Tobacco Treatment Specialist Pathway Trainings

All TTS Pathway trainings include required pre-work

Essential Skills Training

This training is open to all health professionals, prevention professionals, and community members who are looking to enhance their understanding of basic tobacco treatment skills, tobacco use prevalence and burden, motivational interviewing skills, and how to integrate brief evidence-based tobacco treatment interventions into their current practice.

September 30, 2026 or October 28, 2026

Intensive Skills Training

Participants will build on common counseling skills used in intensive tobacco treatment such as motivational interviewing and cognitive behavioral therapy, explore the value of a comprehensive tobacco use assessment, learn to develop effective treatment plans, discuss considerations for medication management and review relapse prevention strategies. Completion of the Essential Skills Training is a pre-requisite for registration of this training.

November 17 & 19, 2026 (recorded sessions on November 18)

Tobacco Treatment Specialist Program

In this accelerated training participants will gain competence in treating patients with tobacco use disorder and learn how to address tobacco use within organizations. Upon completion, participants receive a training certificate, which is the initial step toward obtaining the Tobacco Treatment Specialist Certification.

October 13-16, 2026

The MaineHealth Center for Tobacco Independence is nationally accredited as a Tobacco Treatment Specialist Certification Program through the Council of Tobacco Treatment Training Programs (CTTTP). CTI administers these trainings on behalf of the Maine Center for Disease Control and Prevention (Maine CDC), Maine Department of Health and Human Services.



Fall 2026 Training Season Schedule

Skills-Based Workshops

Motivational Interviewing for Tobacco Treatment - Skills Practice

Enhance your confidence and effectiveness in helping patients quit tobacco through hands-on Motivational Interviewing practice.

September 17, 2026 1 - 3pm ET

Empowering Teens to Live Nicotine-Free: Practical Strategies for Youth-Serving Professionals

Equip yourself with practical tools and compassionate strategies to help teens make informed, nicotine-free choices.

September 22, 2026 12 - 2pm ET

Tobacco Treatment Groups: Practical Applications for a Change Readiness Model

Learn practical strategies for facilitating tobacco treatment groups using a change readiness approach that supports participants at every stage of quitting.

December 8, 2026 1 - 3pm ET



Register Today: CTIMaine.org/Education