# 2024 - 2025 Training Season

#### See all dates & training options available at CTIMaine.org/Education





partment or

Key: \*Maine In-Person Offering, ^Live Online Offering with Pre-Work, +Live Online Offering

## **Essential Skills Training - Virtual & In-Person Offerings**

October 1, 2024*	In this training you will learn about tobacco prevalence, products and burden,
October 22, 2024^	e-cigarettes and vaping, motivational interviewing, how to integrate brief, evidence-based tobacco treatment interventions into current practice, tobacco treatment medications and
November 12-14, 2024+	relapse prevention and recovery.
January 14, 2025^	Participation in the Treating Tobacco Together: Essential Skills Training is a required
April 9, 2025*	component for the <u>Tobacco Treatment Specialist Certification</u>
May 6, 2025*	Training "Classic Pathway."

### Intensive Skills Training - Virtual & In-Person Offerings

February 4-6, 2025+

May 20-21, 2025\*

This skills-focused training will build on knowledge gained in the <u>Treating Tobacco Together</u>: <u>Essential Skills Training</u>. Participants will build on common counseling skills used in intensive tobacco treatment such as motivational interviewing and cognitive behavioral therapy, explore the value of a comprehensive tobacco use assessment, learn to develop effective treatment plans, discuss considerations for medication management and review relapse prevention strategies.

Participation in the Treating Tobacco Together: Intensive Skills Training is a required component for the <u>Tobacco Treatment Specialist Certification</u> Training "Classic Pathway."

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## **Tobacco Treatment Specialist Program**

September 3-6, 2024^

March 11-14, 2025^

This program provides education on evidence-based research ranging from tobacco treatment medications, population-based issues and targeted tobacco treatment intervention skills. The MaineHealth Center for Tobacco Independence Tobacco Treatment Specialist (TTS) Program offers evidence-based education available in a versatile and fun format.

Participants will gain competence in treating patients with tobacco use disorder and learn how to address tobacco use within organizations. Upon completion, participants receive a training certificate, which is the initial step toward obtaining the <u>Tobacco Treatment Specialist Certification</u>.

### **Tobacco Treatment & Prevention Annual Conference**

### June 11 & 12, 2025 in Bangor, Maine

This conference brings nationally recognized speakers and local experts together to discuss a wide array of tobacco treatment and prevention topics, new research and innovative approaches to tobacco control. It also provides an opportunity to network with other tobacco treatment professionals.

Participation in the Tobacco Treatment and Prevention Annual Conference is a required component for the <u>Tobacco Treatment Specialist Certification</u> Training "Classic Pathway."

The MaineHealth Center for Tobacco Independence administers tobacco treatment trainings on behalf of the Maine Center for Disease Control and Prevention (Maine CDC), Maine Department of Health and Human Services.