# **Tobacco Treatment Specialist Program**

Virtual Via Zoom

## Part 1: Pre-Work

## **Online Courses**

- The Health Burdens of Tobacco and Nicotine Use
- Tobacco Treatment Medications Part 1
- Tobacco Treatment Medications Part 2
- Tobacco Prevalence, Products and Burden
- Tobacco Use Disorder Role of Addiction in Treatment and Recovery
- E-Cigarettes: An Evolving Landscape
- Motivational Interviewing

## **Recorded Sessions**

- Remaining Current in the Practice of Tobacco Treatment
- Documentation and Evaluation
- Tobacco Treatment and Control Resources
- Foundation for Assessment
- Individualizing Your Treatment Plan

## Part 2: Symposium

#### Tuesday 9:30am - 2:30pm EST: Live Virtual Training Session 1

9:30 – 10:00	Welcome
10:00 – 11:30	Comprehensive Clinical Assessment with Case Studies
11:30 – 12:15	Break
12:15 – 1:30	Treatment Planning
1:30 – 2:30	Utilizing Trauma-Informed Care Within Tobacco Treatment Programming

#### Wednesday 9:30am - 2:45pm EST: Live Virtual Training Session 2

9:30 – 9:45	Welcome
9:45 – 11:00	Motivational Interviewing Role Plays
11:00 – 11:45	Break
11:45 – 2:45	How to Enhance Success in Giving Up Nicotine: Tips and Data Informed Recommendations

### Thursday 9:30am - 2:10pm EST: Live Virtual Training Session 3

9:30 – 9:45	Welcome
9:45 – 10:45	Cognitive Behavioral Therapy in Tobacco and Nicotine Treatment
10:45 – 11:45	Break
11:45 – 2:10	Tobacco Treatment Groups as a Healing Process: Exploring the Possibilities

#### Friday 9:30am - 2:30pm EST: Live Virtual Training Session 4

9:30 – 9:45	Welcome
9:45 – 11:00	Ethics in Tobacco Treatment
11:00 – 11:45	Relapse Prevention
11:45 – 12:45	Break
12:45 – 2:00	Relapse Prevention Continued
2:00 - 2:30	Tobacco Treatment Specialist Certification Overview & Closing Remarks

