Treating Tobacco Together

2023 - 2024 Education and Training Opportunities for Health Professionals



National Certificate in Tobacco Treatment Practice

MaineHealth
Center for Tobacco
Independence



Completion of either the "Classic Pathway" OR the "Accelerated Pathway" fulfills the training requirement for the National Certificate in Tobacco Treatment Practice (NCTTP), offered by the National Association for Addiction Counselors (NAADAC). The national certificate also requires passing an examination and providing evidence documenting 240 hours of tobacco treatment practice experience following the training.

NEW

Classic Pathway

OR

Accelerated Pathway

Save The Date March 2024

Treating Tobacco Together: Essential Skills
Treating Tobacco Together: Intensive Skills
Tobacco Treatment & Prevention Annual Conference

Through a combination of interactive, virtual sessions and online self-paced training, MaineHealth Center for Tobacco Independence Tobacco Treatment Specialist (TTS) Program offers leading-edge, evidence-based education in an enjoyable and engaging online experience.



Essential Skills Training

In this training you will learn about tobacco prevalence, products and burden, e-cigarettes and vaping, motivational interviewing, how to integrate brief, evidence-based tobacco treatment interventions into current practice, tobacco treatment medications and relapse prevention and recovery.

Participation in the Treating Tobacco Together: Essential Skills Training is a required component for the National Certificate in Tobacco Treatment Practice Training "Classic Pathway."

In Person Offerings

November 16, 2023 - Western Maine April 24, 2024 - Central Maine May 8, 2024 - Coastal Maine Virtual Offerings

September 19, 20, 21, 2023 (Afternoon) December 12, 13, 14, 2023 (Morning) February 6, 7, 8, 2024 (Afternoon) Virtual with Pre-Work Offerings

October 11, 2023 October 26, 2023 January 9, 2024

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Intensive Skills Training

This skills-focused training will build on knowledge gained in the <u>Treating Tobacco Together: Essential Skills Training</u>. This training is appropriate for individuals who have completed the <u>Essential Skills Training</u> within the past five years and are interested in increasing their tobacco treatment skills. Participants will build on common counseling skills used in intensive tobacco treatment such as motivational interviewing and cognitive behavioral therapy, explore the value of a comprehensive tobacco use assessment, learn to develop effective treatment plans, discuss considerations for medication management and review relapse prevention strategies.

Participation in the Treating Tobacco Together: Intensive Skills Training is a required component for the National Certificate in Tobacco Treatment Practice Training "Classic Pathway."

In Person Offering

Virtual Offering

May 22 and 23, 2024 Augusta, ME

February 20, 21, 22, 23, 2024



Tobacco Treatment & Prevention Annual Conference

Save The Date
June 2024

In Person - Greater Portland Area, ME

This conference brings nationally recognized speakers and local experts together to discuss a wide array of tobacco treatment and prevention topics, new research and innovative approaches to tobacco control. It also provides an opportunity to network with other tobacco treatment professionals.

Participation in the Tobacco Treatment and Prevention Annual Conference is a required component for the <u>National Certificate in Tobacco Treatment Practice</u> Training "Classic Pathway."

For more information on the trainings, visit <u>CTIMaine.org/Education</u> or contact <u>Tobaccotrng@mainehealth.org</u>

The MaineHealth Center for Tobacco Independence administers tobacco treatment trainings on behalf of the Maine Center for Disease Control and Prevention (Maine CDC), Maine Department of Health and Human Services.