

Maine Prevention Services: Tobacco Use & Exposure Prevention

AROOSTOOK DISTRICT July-September 2022

DTPPs work across multiple settings to help develop, adopt and implement policies that are supportive of tobacco-free environments and provide trainings that are supportive of a tobacco-free life. DTPP are expected to maintain capacity to work on all objectives, though the depth and reach varies by the differences in their local service areas.

Policy-type acronyms are defined as the following:

S: School, YSE: Youth Serving Entity, MUNI: Municipality, PP: Public Place, BH: Behavioral Health, HE: Higher Education, MUH: Multi-Unit Housing, H: Hospital, HCS: Healthcare Site, WP: Workplace

Smoke and Tobacco-Free Policies Passed:

MUH: 327 West Long Lake Cove (1 building, 1 unit, 8 tenants)

YSE: Aroostook Driving School (240 youth , 4 employees)

WP: Neighborhood Books (1 building, 5 employees)

WP: Face by Kac (1 building, 1 employee)

WP: Townline Nutrition (1 building, 4 employees)

WP: Thistle Antique & Design Shop (1 building, 3 employees)

WP: Mainely Mexican (1 building, 10 employees)

WP: Martin's General Store (1 building, 6 employees)

WP: Babin's General Store (1 building, 7 employees)

WP: Paul's Gas (1 building, 5 employees)

WP: Bob's Service Station (1 building, 16 employees)

WP: Cindy's Subshop (1 building, 5 employees)

WP: Madawaska Tastee Freez (1 building, 30 employees)

WP: Ashland Quik Stop II (1 building, 5 employees)

WP: DoDo's Market (1 building, 3 employees)

Trainings, Presentations and Assessments Completed:

8 Licensed Tobacco Retailers Engaged With An Assessment

Fourth Quarter Success Stories:

CTI is providing a link to the District Tobacco Prevention Partners' fourth quarter success stories. These stories highlight the achievements, interventions, and strategies each organization has chosen to feature. Success stories complement the Q4 data points as they move beyond the numbers and connect to the work District Partners are doing within their communities.

To view the Q4 District Partner Success Stories: <https://ctimaine.org/facts/tobacco-reports/>

To receive copies of past Quarterly Tobacco Prevention Infrastructure Reports or Success Stories, please email TobaccoPreventionServices@MaineHealth.org



DTPP Contact: Aroostook County Action Program, Meg Hegemann (mhegemann@acap-me.org)

For additional information: CTIMaine.org/DTPP

Maine Prevention Services: Tobacco Use & Exposure Prevention Statewide Progress Report July-September 2022

The MaineHealth Center for Tobacco Independence supports tobacco use and exposure prevention services at the State- and local-level as part of the Maine Prevention Services initiative. CTI contracts with District Tobacco Prevention Partners (DTPP) in each of Maine's Public Health Districts for local-level implementation of objectives.

Objective 1: Prevent Tobacco Initiation (Policy Objective)



| Policy Type | # of Policies Passed | Reach |
|--------------------------------|----------------------|-----------------------------------|
| Youth Serving Entities | 4 | 39 Staff & 1,262 Youth |
| Municipalities & Public Places | 5 | 51,139 Residents/Visitors Reached |
| Licensed Retailers | N/A | 32 Retailer Assessments |

Objective 2: Reduce Exposure to Secondhand Smoke (Policy Objective)



| Policy Type | # of Policies Passed | Reach |
|-------------------------|----------------------|----------------------------------|
| Healthcare Sites | 2 | 2,000 Clients & 17 Employees |
| Workplace | 26 | 34 Buildings & 221 Employees |
| Behavioral Health | 1 | 200 Clients & 17 Employees |
| Multi-Unit Housing | 2 | 2 Buildings, 3 units, 14 tenants |
| Smoke-Free Homes Pledge | N/A | 6 Families |

Objective 3: Promote Tobacco Treatment (Training Objective)

Quitting Tobacco Together (QTT):

- 67 Social Service Agency & Vet Agency Staff Trained through 10 Trainings
- 6 Individuals Referred to the Maine QuitLink

Sidekicks:

- 3 Sidekick Adults Trained through 3 Trainings



Quarterly Updates: FMI - CTIMaine.org

- As CTI begins to wrap up its efforts under MPS, the tobacco prevention team has been drafting and compiling one-pagers and data sheets to document the achievements and advances that occurred since 2017. The first of these, one focusing on the veteran's discovery project in 2021 and the other spotlighting the partners who conducted immigrant needs assessments this year are now available through the CTI website.
- Training and Education Opportunities:** The 2022-2023 Tobacco Treatment Training and Education Season has begun. Visit [CTIMaine.org/Events](https://ctimaine.org/Events) for upcoming, trainings webinars, and other professional development opportunities. Upcoming training opportunities include:
 - [Webinar: Tobacco Smoking and Smoking Cessation Treatment for Criminal Justice Population](#) (December 8, 2022)
 - [Treating Tobacco Together: Intensive Skills Training](#) (December 13-16, 2022)
- MaineQuitLink.com Updates:** CTI recently completed revisions to the MaineQuitLink.com. The site acts as a digital hub for the Maine QuitLink services, quitting, and provides a landing page for marketing campaigns, social media content, and print materials. Recently revisions include updating designs and adding a "Currently Enrolled" participant page featuring quit tips, frequently asked questions, and additional resources. Check out the updated site at MaineQuitLink.com.

