



## Treating Tobacco Together: Intensive Skills Training

FY23 Agenda  
All Times in EST

### Pre-Work – Sent Out Prior to the First Live Session – 3 Hours Total

Pre-work will be emailed to participants on December 5th by noon.

**\*\*All Pre-work sessions must be completed before the first live day on December 13th.**

90 Minutes                      A Foundation for Assessment (*Recorded*)  
Martha Seabury, RN NCTTP

45 Minutes                      Individualizing Your Treatment Plan (*Recorded*)  
Martha Seabury, RN NCTTP

45 Minutes                      Documentation and Evaluation (*Recorded*)  
Victoria Hynes, LCSW

### Day 1- Tuesday December 13, 2022– Live Session: 9:00am– 1:15pm

30 Minutes    9:00 – 9:30    Welcome to the Treating Tobacco Together: Intensive Skills Training  
*Introductions, Frequently Asked Questions and Reminders*

90 Minutes    9:30 – 11:00    Motivational Interviewing  
Edward Perka Jr. CASAC, ICADC, NCTTP

30 Minutes    11:00 – 11:30    Break

105 Minutes    11:30 – 1:15    Motivational Interviewing Continued  
Edward Perka Jr. CASAC, ICADC, NCTTP

### Day 2- Wednesday December 14, 2022 – Live Session: 9:00am – 12:30am

65 Minutes    9:00 – 10:05    Taking Medications to the Next Level  
Martha Seabury, RN NCTTP

75 Minutes    10:05 – 11:20    Medication & Treatment Planning - Case Studies  
Martha Seabury, RN NCTTP

10 Minutes    11:20 – 11:30    Break

60 Minutes    11:30 – 12:30    Ethics in Tobacco Treatment  
Edward Perka Jr. CASAC, ICADC, NCTTP

### Day 3 – Thursday December 15, 2022 - Recorded Sessions – 3 Hours 15 Minutes Total

**Recorded Sessions will be emailed to participants on December 14<sup>th</sup>**

30 Minutes                      Remaining Current in the Practice of Tobacco Treatment (*Recorded*)  
Ciara Sablock, MSW

60 Minutes                      Cognitive Behavioral Therapy in Tobacco Treatment (*Recorded*)  
Keith Walker, LCSW

105 Minutes                      Relapse Prevention (*Recorded*)  
Edward Perka Jr. CASAC, ICADC, NCTTP

### Day 4 - Friday December 16, 2022 – Live Session: 9:00am – 10:45am

45 Minutes 9:00 – 9:45 Tobacco Treatment and Control Resources  
Shannon O'Brien

60 Minutes 9:45 – 10:45 Recorded Session Debrief, Review of Planning Table and Office Hours