

Maine Prevention Services: Tobacco Use & Exposure Prevention Statewide Progress Report July-September 2020

The MaineHealth Center for Tobacco Independence supports tobacco use and exposure prevention services at the State- and local-level as part of the Maine Prevention Services initiative. CTI contracts with District Tobacco Prevention Partners (DTPP) in each of Maine's Public Health Districts for local-level implementation of objectives.

Objective 1: Prevent Tobacco Initiation (Policy Objective)



Policy Type	# of Policies Passed	Reach
Schools	1	30 Staff & 186 Students
Youth Serving Entities	16	251 Staff & 83,951 Youth
Municipalities & Public Places	9	43,950 Residents
Licensed Retailers	N/A	40 Retailers

Objective 2: Reduce Exposure to Secondhand Smoke (Policy Objective)



Policy Type	# of Policies Passed	Reach
Healthcare Sites	1	1,500 Clients Served & 10 Employees
Workplace	17	45 Buildings & 539 Employees
Multi-Unit Housing	7	105 Buildings, 614 Units, 1,548 Tenants
Higher Education	1	7 Universities, 25,673 Students, 4,509 Employees
Behavioral Health	1	14,300 Clients & 14 Employees
Smoke-Free Homes Pledge	N/A	74 Families

Objective 3: Promote Tobacco Treatment (Training Objective)

Non-Clinical Outreach:

137 Social Service Agency & Vet Agency Staff Trained through **12** Trainings

10 Individuals Referred to the Maine QuitLink

Sidekicks:

35 Sidekicks Youth Trained through **4** Trainings

1 Sidekicks Adult Advisors Trained through **1** Trainings

Upcoming Opportunities: FMI - CTIMaine.org/Events

BreatheEasy recognized 32 hospitals, 6 healthcare organizations, and 5 individual gold star champions for the 2020 Gold Star Standards of Excellence program. Healthcare organizations were new to GSSE this year! Communications of the awards will be during the week of the Great American Smokeout (November 18th). To view the full list of awardees go to <https://breathe easymaine.org/gold-star-standards-of-excellence/>

Fall 2020 Virtual Training Offering: December 8-10, 2020

The Tobacco Intervention: Intensive Skills Training will include multiple live and recorded sessions, participation in all sessions is required for CMEs/CEUs. Recorded sessions must be viewed during the required timelines to complete the training. To learn more or register-<https://ctimaine.org/education-training/intensive-skills-trainings/>

COVID-19 & Tobacco Use:

COVID-19 is a new disease and public health scientists are still learning about it. Based on available information and clinical expertise, those who smoke and vape are more likely to have serious complications from COVID-19. Learn more about COVID-19 and the risk at <https://mainequitlink.com/thinking-about-quitting/covid-19-tobacco-use/>

FMI contact CTI at tobaccopreventionservices@mainehealth.org



Maine Prevention Services: Tobacco Use & Exposure Prevention

TRIBAL HEALTH DISTRICT July - September 2020

DTPPs work across multiple settings to help develop, adopt and implement policies that are supportive of tobacco-free environments and provide trainings that are supportive of a tobacco-free life. DTPP are expected to maintain capacity to work on all objectives, though the depth and reach varies by the differences in their local service areas.

Policy-type acronyms are defined as the following:
S: School, YSE: Youth Serving Entity, MUNI: Municipality, PP: Public Place, BH: Behavioral Health, HE: Higher Education, WP: Workplace MUH: Multi-Unit Housing, H: Hospital, HCS: Healthcare Site

Smoke and Commercial Tobacco-Free Policies Passed:

No Policies Were Passed This Quarter.

Trainings, Presentations and Assessments Completed:

No Community Partners Participated in Trainings, Presentations, Or Retailer Engagement This Quarter.

Quarterly Highlights:

Wabanaki Public Health:

Wabanaki Public Health has been responding to the needs of the five Tribal Communities during the COVID Pandemic. One response that our tobacco staff collaborated in was to provide school supplies to 50 youth in the Maliseet community and 50 youth in the Micmac community. Backpacks were filled with pencils, notebooks, markers, and a tobacco-free pledge card. Other substance use prevention messaging was also included in the bags. Bags and supplies were purchased through Federal Covid Response funding.

WPH's tobacco team also participated in a collaboration with our SNAP-Ed and Lets GO program. Together, we procured and distributed 75 food boxes to Maliseet youth who were food insecure because of schools being closed. This was coordinated for the first week of virtual school.



Wabanaki Public Health
Cultivating the health of our communities