# Maine Prevention Services: Tobacco Use & Exposure Prevention

Statewide Progress Report April-June 2020

The MaineHealth Center for Tobacco Independence supports tobacco use and exposure prevention services at the State- and local-level as part of the Maine Prevention Services initiative. CTI contracts with District Tobacco Prevention Partners (DTPP) in each of Maine's Public Health Districts for local-level implementation of objectives.

## **Objective 1: Prevent Tobacco Initiation (Policy Objective)**



Policy Type	# of Policies Passed	Reach
Schools	7	1,318 Staff & 5,917 Students
Youth Serving Entities	12	268 Staff & 2,897 Youth
Municipalities & Public Places	7	14,091 Residents

## Objective 2: Reduce Exposure to Secondhand Smoke (Policy Objective)



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Policy Type	# of Policies Passed	Reach
Healthcare Sites	3	11,164 Clients Served & 25 Employees
Workplace	27	47 Buildings & 440 Employees
Multi-Unit Housing	9	59 Buildings & 162 Units 284 Tenants
Higher Education	2	73 Students & 18 Employees
Behavioral Health	7	9,358 Clients & 589 Employees
Smoke-Free Homes Pledge	N/A	1,172 Families

## **Objective 3: Promote Tobacco Treatment (Training Objective)**

### **Non-Clinical Outreach:**



**47** Social Service Agency & Vet Agency Staff Trained through **6** Trainings

1,209 Individuals Referred to the MTHL through the QuitLink

## Sidekicks:



11 Sidekicks Youth Trained through 3 Trainings

32 Sidekicks Adult Advisors Trained through 6 Trainings

## **Upcoming Opportunities: FMI - CTIMaine.org/Events**

CTI Virtual Basic Skills Training: September 21, 2020

Tobacco Prevention Services Year 5 Kick-Off: September 22, 2020

#### **CTI Communications:**

What was known as the Maine Tobacco HelpLine and the QuitLink have come together as the Maine QuitLink. No services are going away, the same trusted quit support that has served Maine for the past twenty years is still available, with expanded offerings including digital and phone-based programs to meet individuals where they are in their quitting process. Learn more at MaineQuitLink.com or by calling 1-800-QUIT-NOW.

FMI contact CTI at tobaccopreventionservices@mainehealth.org

MaineHealth
Center for Tobacco
Independence

**PREVENTION** 

**SERVICES**