Maine Prevention Services: Tobacco Use & Exposure Prevention

Statewide Progress Report October-December 2019

The MaineHealth Center for Tobacco Independence supports tobacco use and exposure prevention services at the State- and local-level as part of the Maine Prevention Services initiative. CTI contracts with District Tobacco Prevention Partners (DTPP) in each of Maine's Public Health Districts for local-level implementation of objectives.

Objective 1: Prevent Tobacco Initiation (Policy Objective)



Policy Type	# of Policies Passed	Reach
Schools	9	1,030 Staff & 5,631 Students
Youth Serving Entities	14	147 Staff & 7,772 Youth
Municipalities & Public Places	4	41,341 Residents

Objective 2: Reduce Exposure to Secondhand Smoke (Policy Objective)



Policy Type	# of Policies Passed	Reach
Hospitals & Healthcare Sites	6	471 Beds & 9,260 Employees
Workplace	2	2 Buildings & 23 Employees
Multi-Unit Housing	1	1 Buildings & 2 Units 15 Tenants
Smoke-Free Homes Pledge	N/A	297 Families

Objective 3: Promote Tobacco Treatment (Training Objective)

Non-Clinical Outreach:



82 Social Service Agency & Vet Agency Staff Received Training

43 Individuals Referred to the MTHL through the QuitLink

Sidekicks:



308 Sidekicks Youth Trained through **17** Trainings

29 Sidekicks Adult Advisors Trained through 4 Trainings

Upcoming Opportunities: FMI - CTIMaine.org/Events

Addressing Nicotine and Tobacco use through prevention, policy, and treatment initiatives: 3/31 at MaineHealth, Portland.

-A targeted basic skills training for prevention specialists, public health professionals, and policymakers.

CTI Annual Tobacco Prevention & Treatment Conference: June 15-17, at the Hilton Garden Inn, Freeport.

Behavioral Health & Higher Education GSSE Awards Celebration: June 16th, at the Hilton Garden Inn, Freeport.

FMI contact CTI at tobaccopreventionservices@mainehealth.org



MaineHealth
Center for Tobacco
Independence

Maine Prevention Services: Tobacco Use & Exposure Prevention

TRIBAL HEALTH DISTRICT October - December 2019

DTPPs work across multiple settings to help develop, adopt and implement policies that are supportive of tobacco-free environments and provide trainings that are supportive of a tobacco-free life. DTPP are expected to maintain capacity to work on all objectives, though the depth and reach varies by the differences in their local service areas.

Policy-type acronyms are defined as the following:
S: School, YSE: Youth Serving Entity, MUNI: Municipality, PP: Public Place, BH: Behavioral Health, HE: Higher Education, WP: Workplace MUH: Multi-Unit Housing, H: Hospital, HCS: Healthcare Site

Smoke and Commercial Tobacco-Free Policies Passed:

No Community Partners Passed Policies This Quarter

Trainings and Presentations Completed:

No Community Partners Participated in Trainings or Presentations this Quarter

Quarterly Highlights:

Wabanaki Public Health

Working with a local housing authority has been met with promise for an updated policy including ecigarettes and other commercial tobacco products for all housing rental properties. Enforcing a hypothetical new policy has slowed down progress, due to new unforeseen issues with enforcement on their end the policy update has proved to be slow going. Our partnership support with education pieces has gained some footing, but this is a work in progress.

We have been successful in the clinical setting through the distribution of flyers and pamphlets. We are making sure the information is at the hands of the providers and patients and that NCO referral materials are getting to those who need it as part of their daily employment.

Policy change remains a priority in tribal clinical settings as we work to establish relashonships and partnerships with systems that have been influenced by years of unhealthy commercial tobacco messaging. We will continue to offer support from the prevention and policy side as needed and offer support to clinical mangement and staff to work through policy change.

The following trainings and prevention education activities were offered this quarter:

October - Drug Take Back Trainings, with (E-cigarette focused): Indian Township PD (5 trained), Indian Township Clinic (2 trained), Indian Island PD (4 trained).

November- Vets Lunch Commercial Tobacco Education Presentationand Adult Sidekicks training with Harvest lunch at Tribal Court.

December - Sidekicks Presentations to Indian Township and Sipayik Directors, Sidekicks Presentations to Indian Island School Principal and Guide Counselor, Commercial Tobacco Presentation to the Sipayik Youth Council, New Years' Commercial Tobacco presentation.

