

2019 Annual
Tobacco Treatment &
Prevention Conference

Shifting the Tide:
Addressing Tobacco in the
Behavioral Health Setting

JUNE 17-19

DoubleTree by Hilton
South Portland, Maine



MaineHealth
Center for Tobacco
Independence

REGISTRATION DEADLINE: June 10, 2019

REGISTER ONLINE: Read full descriptions of conference presentations and register at CTIMaine.org/conference



KEYNOTE SPEAKER
Dr. Marc Steinberg

Dr. Marc Steinberg is a clinical psychologist, and the director of the Tobacco Research & Intervention lab at Rutgers University. He is Associate Professor of Psychiatry and Associate Director, Division of Addiction Psychiatry at Rutgers Robert Wood Johnson Medical School. His research focuses on tobacco use and dependence, including tobacco dependence treatment development, tobacco use in smokers with psychiatric comorbidity, the relationship between smoking and task persistence/distress tolerance, and motivational interviewing as an approach to encourage smokers to make a quit attempt. He also trains clinicians in the use of motivational interviewing.

Speakers

Lance Boucher
American Lung Association

Nicholas Chadi, MD, MPH
Boston Children's Hospital

Jonathan Fellers, MD
Maine Medical Center

Katherine Gold, MD, MSW, MS
University of Michigan

Deborah Q. Hagler, MD
Mid Coast Pediatrics

Neil Korsen, MD, MSc
Maine Medical Center CORE

Bryce Kyburz, MA
Taking Texas Tobacco-Free

Don McNally, DO
Maine Behavioral Healthcare

John Nelson, LADC
Maine Behavioral Healthcare

Shannon O'Brien
MaineHealth CTI

Stacey Ouellette, LCSW
Maine Behavioral Healthcare

Melanie Perry
MaineHealth CTI

Debra Poulin, LCSW, CCS
Maine Behavioral Healthcare

Lorraine Reitzel, PhD, FAAHB
*HEALTH Research Institute &
University of Houston*

Jenn Robbins, LCSW
Maine Behavioral Healthcare

Katherine Ryan, PhD
MaineHealth CTI

Meghan Santos, LICSW
Dartmouth College

Hillary Schnieder, MPP
*American Cancer Society
Cancer Action Network*

Marc Steinberg, PhD
Rutgers University

Erin Vogel, PhD
University of California San Francisco

Conference Agenda

JUNE 18
7:30am – 4:00pm

- 7:30 - 8:30: **Registration, Networking & Gold Star Standards of Excellence Awards**
- 8:30 - 8:45: **Welcome & Opening Remarks** MaineHealth CTI and Maine CDC
- 8:45 - 10:00: **Keynote Address: *Addressing Tobacco Should Be a Priority in Behavioral Health Settings**** Marc Steinberg, PhD
- 10:00 - 10:15: **Break**
- 10:15 - 11:15: **Plenary: *“There’s No Law That States I Can’t Smoke Cigarettes While I’m Pregnant”: Challenges to Addressing Tobacco Use in Vulnerable Populations**** Katherine Gold, MD, MSW, MS
- 11:15 - 11:30: **Break / Travel**
- 10:30 - 12:30: **Highlighting Tobacco Prevention and Control Work in Maine**
- Breakout A*: *Tobacco Treatment in the Behavioral Health Setting: Perspectives from an IMAT Program***
Debra Poulin, LCSW, CCS, John Nelson, LADC & Don McNally, DO
Tobacco Treatment in the Behavioral Health Setting: Perspectives from the Behavioral Health Integration Program
Stacey Ouellette, LCSW & Jenn Robbins, LCSW
- Breakout B: *All About The Maine Tobacco HelpLine***
Shannon O’Brien & Melanie Perry
MLCC Pilot Project Neil Korsen, MD, MSc & Katherine Ryan, PhD
- Breakout C: *Legislative Advances in 2019***
Lance Boucher & Hillary Schneider, MPP
Presentation Title TBD Deborah Q. Hagler, MD
- 12:30 - 1:30: **Lunch (onsite)**
- 1:30 - 2:30: **Afternoon Breakout Sessions**
- Breakout D*: *Nicotine Replacement Therapy (Presentation Title TBD)***
Jonathan Fellers, MD
- Breakout E: *Addressing Tobacco Use in People With Serious Mental Illness: Current Best Practice and Novel Approaches in Smoking Cessation and Harm Reduction*** Meghan Santos, LICSW
- Breakout F: *Implementation of a Comprehensive Tobacco-Free Workplace Intervention in Behavioral Health Agencies: Practical Guidance and Lessons Learned from the “Taking Texas Tobacco Free” Program*** Lorraine Reitzel, PhD, FAAHB & Bryce Kyburz, MA
- 2:30 - 2:45: **Break / Travel**
- 2:45 - 3:45: **Plenary: *Nicotine, Tobacco and Cannabis Use in the Digital Age: Psychosocial Influences on Smoking and Multiple Health Risk Behaviors Among Young People*** Erin Vogel, PhD
- 3:45 - 4:00: **Closing**

Behavioral Health • Maine Lung Cancer Coalition/Maine Tobacco HelpLine • Prevention

*Sessions needed for National Certification

Please visit CTIMaine.org/Conference to view confirmed sessions and speakers.

Pre-Conference

JUNE 17
12:00pm – 4:00pm

Treating Tobacco Dependence in Behavioral Health Populations*

PRESENTER: Dr. Marc Steinberg

Individuals with behavioral health concerns are more likely to smoke and less likely to quit as compared to those in the general population. This workshop will cover pharmacological and psychosocial approaches to treating tobacco dependence with emphasis on issues relevant to smokers with psychiatric comorbidity. The objectives of this workshop are to:

- discuss how to address tobacco use in smokers with psychiatric comorbidity who are not yet ready to quit, including by using skills consistent with motivational interviewing;
- discuss how to address tobacco use in smokers who are motivated to quit;
- allow for the practice of new skills.

Post-Conference

JUNE 19
8:30am – 12:00pm

Teen Vaping, Juuling, and E-Cigarette Use: What’s the Buzz?

PRESENTER: Dr. Nicholas Chadi

This presentation will highlight recent epidemiological trends in e-cigarette use with a focus on adolescents and young adults. Using a case-based approach, participants will learn about health effects of e-cigarettes including impacts of e-cigarette use on the developing brain. An evidence-based approach to screening, brief intervention and treatment will also be discussed.



Dr. Nicholas Chadi is a pediatrician and researcher specialized in adolescent and addiction medicine. He is currently a Pediatric Addiction Medicine Fellow at Boston Children’s Hospital and recently completed a Master of Public Health degree at Harvard University. Dr. Chadi grew up in Montreal and Toronto where he completed medical school and residency training as well as a fellowship in global journalism.