



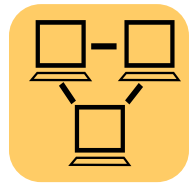
The Maine Tobacco Helpline: WHAT YOU NEED TO KNOW

DID YOU KNOW?



<60 Seconds

You can help your patients to quit



5,000+

referrals from eHR/Practices



12,000+

calls received in 2016



It's Free!

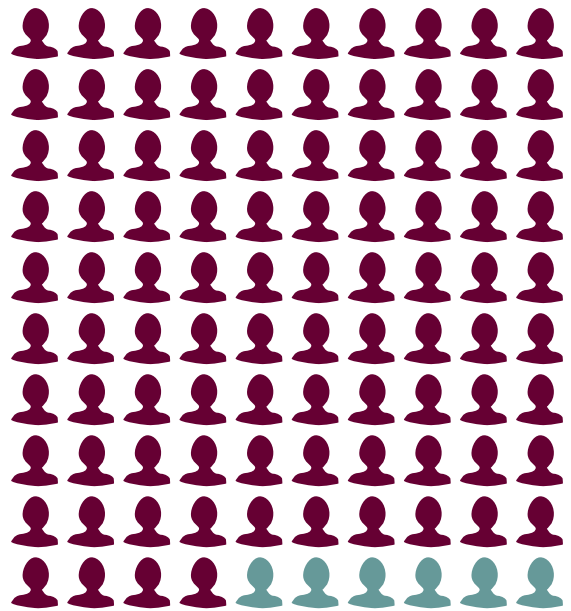
All participants receive
free counseling

Eligible participants can
receive up to **8 weeks of NRT**

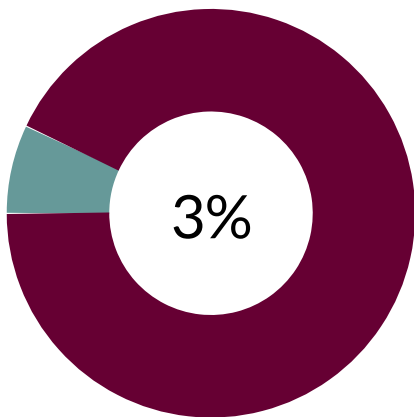
94%

People like it!

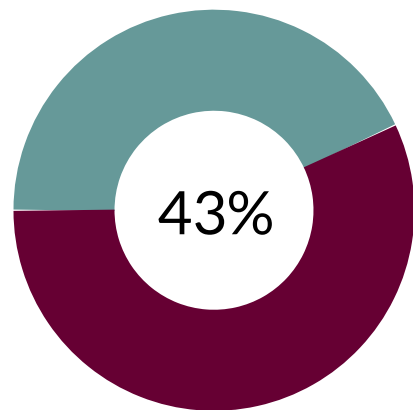
Satisfied with the service and would
recommend it to others



It Works!!!



Quit Rate without
evidence-based treatment



Quit Rate after completing
4 or more Helpline calls
and using NRT

LEARN MORE

For More Information Contact the Center for Tobacco Independence:

(207)662-7154

CTI_Admin@mainehealth.org

<https://mainehealth.org/services/pulmonology/maine-tobacco-helpline>

MaineHealth