

Treating Tobacco Together

EDUCATION AND TRAINING OPPORTUNITIES

FOR HEALTH PROFESSIONALS ACROSS MAINE

2018 - 2019

MaineHealth
Center for Tobacco Independence



Trainings are developed by the MaineHealth Center for Tobacco Independence and funded by the Maine Center for Disease Control and Prevention, Department of Health and Human Services

Visit our website for more information on trainings, continuing education credits and registration visit: CTI-TrainingMaine.org/Home

These trainings are for all healthcare, behavioral health, health education and public health professionals, and other tobacco prevention and control stakeholders.

"The entire program was engaging and informative. I am looking forward to the next level of training!" - BF

"The information was informative, pertinent, and gave specific interventions for working with clients from assessment through recovery." - Cynthia B.

"Presenters were helpful, friendly and knowledgeable." - Mark R.

Tobacco Intervention: Basic Skills Training

Join other healthcare professionals in this one-day training to learn more about nicotine addiction and how to integrate brief, evidence-based tobacco treatment interventions into current practice. It has been well established that brief interventions can significantly increase quit attempts and lead to long term tobacco abstinence. Led by licensed healthcare professionals, this training will increase participant confidence on working with patients or clients who use tobacco.

Training Dates & Locations:

August 1, 2018	Franklin Memorial Hospital, Farmington
September 25, 2018	Maine Veterans' Home, Machias
October 18, 2018	Hilton Garden Inn, Bangor
November 16, 2018	Maple Hill Farms Inn & Conference Center, Hallowell
January 17, 2019	DoubleTree by Hilton, South Portland
February 6, 2019	Hilton Garden Inn, Auburn
March 21, 2019	Wormwood Conference Center, Sanford
May 16, 2019	Hampton Inn by Hilton, Presque Isle

Time: 8:00 am - 4:00 pm

Registration Fee: \$50 (Includes continental breakfast and lunch)

Visit our website to learn about scholarship opportunities:

CTI-TrainingMaine.org/Home

Tobacco Intervention: Intensive Skills Training

This two-day skills-focused training will build on knowledge gained in the Tobacco Intervention: Basic Skills Training.

Participants will:

- Explore the value of a comprehensive tobacco use assessment
- Learn to develop effective treatment plans
- Discuss considerations for medication management
- Review relapse prevention strategies

Clinicians will also spend time building on common counseling skills used in intensive tobacco treatment such as motivational interviewing and cognitive behavioral therapy.

Training Dates & Locations

December 5 & 6, 2018	Hilton Garden Inn, Bangor
April 24 & 25, 2019	DoubleTree by Hilton, South Portland

Prerequisite: Completion of the Tobacco Intervention Basic Skills Training

Registration Fee: \$100 (Includes continental breakfast and lunch)

Interested in becoming a Nationally Certified Tobacco Treatment Specialist?

The Education and Training Program at the MaineHealth Center for Tobacco Independence is accredited through the Council for Tobacco Treatment Training Programs (CTTP) to prepare healthcare professionals to become Nationally Certified Tobacco Treatment Specialists. Learn more at our website.

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For questions, contact us:

TobaccoTRNG@MaineHealth.org or (207) 662-7154

Continuing Education Trainings

Every year CTI's Education and Training Program offers advanced trainings in special topics for those who are interested in continuing education in the field of tobacco and tobacco treatment. Please see the following two listings for information on this year's special offerings.

Tobacco Treatment Groups as a Healing Process: Exploring the Possibilities

Providing evidenced-based tobacco treatment in a group setting is an effective way to help people stop smoking or using other forms of tobacco. Group treatment can help to articulate and resolve a client's ambivalence, raise awareness of tobacco related issues, increase self-esteem, and increase readiness for change.

Date & Location: October 11, 2018 Union Bluff Meeting House, York

Registration Fee: \$50 (Includes continental breakfast and lunch)

Cigarettes & Vaping: Implications for Tobacco Prevention & Treatment

Date & Location: April 10, 2019 Samoset Resort, Rockport

Registration Fee: \$50 (Includes continental breakfast and lunch)

Annual Tobacco Treatment and Prevention Conference

This annual conference brings nationally recognized speakers and local experts together to discuss a wide array of tobacco treatment and prevention topics, new research and innovative approaches to tobacco control. This is the third required training offered in the Tobacco Treatment Specialist Certification pathway for healthcare professionals in Maine.

Dates & Location: June 17 & 18, 2019 DoubleTree by Hilton, South Portland

Online registration opens March 2019.

Provider Outreach Education

What we say and how we say it can translate into more successful quit attempts. Additional training opportunities are available to help providers and clinical staff engage their patients who use tobacco through the use of evidence-based strategies. Trainings can be tailored to meet the unique needs of the provider and the practice team through a menu of training options including: instructor-led in-services, webinars, self-directed learning modules and videos.

Go to CTI-TrainingMaine.org/Home for more information and current online materials.