

Tobacco Treatment On-Line Resources

Providers

1. Truth Initiative: <https://truthinitiative.org/>
Description: Information from America's largest nonprofit health organization geared toward eliminating tobacco use in youth through education, tobacco-control research and policy studies, and community activism and engagement.
2. North American Quitline Consortium: <https://naquitline.site-ym.com/>
Description: NAQC is an international, non-profit membership organization that seeks to promote evidence-based quitline services across diverse communities in North America. This site provides a map where you can view summarized content from all the quitline profiles.
3. Association for the Treatment of Tobacco Use and Dependence: <https://attud.org/>
Description: ATTUD is an organization of providers that promotes increased access to evidence-based tobacco treatment. It offers a variety of resources for members, including an informative listserv
4. University of California, San Francisco – RX For Change: <http://rxforchange.ucsf.edu/>
Description: Provides a comprehensive tobacco cessation training program that equips health professional students and practicing clinicians, of all disciplines, with evidence-based knowledge and skills for assisting patients with quitting.
5. Agency for Healthcare Research and Quality: <https://www.ahrq.gov/professionals/clinicians-providers/guidelines-recommendations/tobacco/>
Description: The Public Health Service: Treating Tobacco Use and Dependence 2008 update can be downloaded on this site.
6. University of California San Francisco- Smoking Cessation Leadership Center:
<http://smokingcessationleadership.ucsf.edu/>
Description: Resources, webinars and other materials for health professionals who help smokers quit.
7. Maine Government – Division of Public Health Systems: <http://www.maine.gov/dhhs/mecdc/public-health-systems/data-research/brfss/index.shtml>
Description: Behavioral Risk Factor Surveillance System- on-going telephone health survey system, tracking health conditions and risk behaviors throughout the United States and its territories.
8. Center for Disease Control & Prevention: <https://www.cdc.gov/statesystem/>
Description: State Tobacco Activities Tracking and Evaluation (State) System
9. Society for Research on Nicotine & Tobacco: <https://www.srnt.org/>
Description: The Society for Research on Nicotine & Tobacco (SRNT) is the only professional association dedicated exclusively to the support of researchers, academics, treatment professionals, government employees, and the many others working across disciplines in the field of nicotine and tobacco research.

Patients

1. Smoke Free info at Federal Government: <http://www.smokefree.gov>
Description: Support, tips, tools, and expert advice to help you or someone you love quit smoking.
2. EX: <https://www.becomeanex.org/>
Description: Resources and an online support community for people quitting smoking.
3. The Quitlink: <http://thequitlink.com/>
Description: The Maine community of online support to quit smoking. Includes a referral link to the Maine Tobacco Helpline.

General

1. The Breathe Easy Coalition: <http://breatheeasymaine.org/>
Description: Resources on secondhand smoke, as well as tobacco-free living/environments.
2. Campaign for Tobacco-Free Kids: <http://www.tobaccofreekids.org/>
Description: Information, data and resources about reducing the use of tobacco and the toll that tobacco has on our youth nationally and internationally.
3. Americans for Nonsmokers' Rights: <http://www.no-smoke.org/>
Description: Information and resources regarding nonsmokers' rights, with an option for membership in the lobbying organization.
4. American Lung Association: <http://www.lung.org/stop-smoking/>
Description: Facts and information about the dangers of smoking and helpful tips, tools and support to help smokers quit.
5. Center for Disease Control & Prevention – Office on Smoking & Health: <https://betobaccofree.hhs.gov/>
Description: Resources about quitting tobacco and information on health effects, laws and policies on tobacco and research.
6. Action on Smoking & Health: <https://www.cdc.gov/tobacco/>
Description: Resource to find out about tobacco throughout the U.S. Current trends, data and statistics and tobacco-related disparities.
7. MaineHealth Health Index: <http://www.mainehealthindex.org/>
Description: The Health Index is an initiative of MaineHealth that monitors progress on Maine's most pressing health priorities. The seven priorities are: Child immunizations, Tobacco use, Obesity, Preventable hospitalizations, Cancer deaths, Cardiovascular deaths, Prescription drug abuse and addiction
8. County Health Rankings & Roadmaps: <http://www.countyhealthrankings.org/>
Description: Resources to find out how healthy your county and community are and where it ranks against others.
9. Community Guide Branch: <https://www.thecommunityguide.org/topic/tobacco>
Description: A resource to help you select interventions to improve health and prevent disease in your state, community, community organization, business, healthcare organization, or school.
10. U.S. Food & Drug Administration: Tobacco Products: <https://www.fda.gov/TobaccoProducts/>
Description: FDA's resources on defining policy, issuing regulations, conducting research, educating Americans on regulated tobacco products, and making decisions on whether new products and claims can be marketed.