

ADDRESSING TOBACCO USE IN THE BEHAVIORAL HEALTH POPULATION



1 IN 3

adults with a **mental illness** are currently **using tobacco**.



5 Years Earlier

people with mental illness or substance use disorders will die than those without these disorders; many of these deaths are caused by smoking cigarettes.



4 IN 10

people who smoke have a **behavioral health disorder**

OVER HALF

of all deaths among people with mental illness or substance use disorders were a result of **tobacco related causes**. This is **2x** the rate found in the general public.



6 IN 10

people with a substance use disorder **smoke**



1 IN 5

adults in the US have some form of **mental illness**

Those living with mental illness or substance use disorders can be successful in quitting tobacco use. Behavioral health organizations play a key role by creating a tobacco-free organizational policy, screening clients for tobacco use and referring those interested in quitting to evidence-based tobacco treatment.

BREATHE EASY

REDUCING SMOKE EXPOSURE IN MAINE



MAINE
PREVENTION
SERVICES

Maine Center for Disease Control & Prevention
Department of Health and Human Services

Learn more at: BreatheEasyMaine.org